



LET'S BUILD INCLUSIVE SAFE FAMILIES

**RECOGNISE, RESPOND, PREVENT  
DOMESTIC & FAMILY VIOLENCE**

**000 - Police**

For emergencies and immediate danger 24/7

**1800 015 188 - Safesteps**

For anyone to understand your family violence risks, explore safety options and make appropriate referrals to services that will meet your needs 24/7

**1800 737 732 - 1800Respect**

For confidential information, counselling and support services 24/7

**(03) 9428 2899 or 1300766491 - The Men's Referral Service**

For men concerned about their own violent and/or abusive behaviour  
12-9pm weekdays

**1800 542 847- WithRespect**

For LGBTIQ+ people of all ages and their families, experiencing difficulty in their relationships, including family violence  
9-5pm weekdays, Wednesdays 9am-11pm, 10am-10pm weekends

**1800 755 988 - InTouch**

For confidential information, counselling and support services for migrant and refugee women 9-5pm Weekdays

**1800 105 303 - Djirra**

For counselling and support services for First Nation Peoples 9-5pm Weekdays

**1800 435 799 - Dardi Munwurro**

For Aboriginal men experiencing family violence issues or stressful relationships 24/7