

## ***Domestic and Family Violence: Services that can help***

**If you are in contact with someone who needs help because of family violence, ask her or him to call -**

**1800 RESPECT** – 1800 7377 328 – National sexual assault, domestic and family violence counselling and referral service 24 hours, 7 days a week.

**SAFE STEPS** – 1800 015 188 – State-wide 24 hours, 7 days a week crisis support for women and their children

**MENS LINE** – 1300 789 978 - National service supporting men and boys who are dealing with family and relationship difficulties. 24 hours, 7 days a week.

For more information visit [www.mensline.org.au](http://www.mensline.org.au)

*If anyone is in immediate danger-*

**POLICE** – Call '000' and ask for the Police for immediate assistance